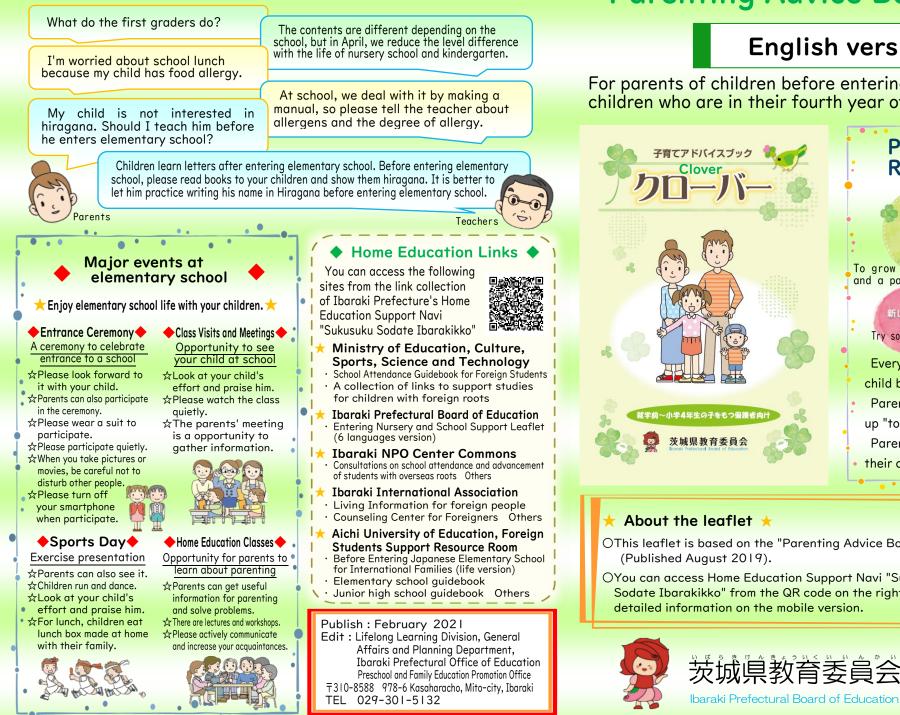
#### Soon your child will enter elementary school



# Parenting Advice Book Clover

## **English version**

For parents of children before entering elementary school to children who are in their fourth year of elementary school.



Sodate Ibarakikko" from the QR code on the right, and see detailed information on the mobile version.



Home Education

Support Navigation

#### Do your own work



No one can't do anything well right away. If you believe in your child's growth and wait, the things he can do will increase little by little. Parents shouldn't get rid of the difficulties their children have to overcome on their own.

In addition to giving advice to your child, you should also wait until your child shows his or her opinion.

# Self-determined mind



The ability to make decisions is the ability to judge and determine.

People who are more selfdetermined tend to be happier.

Make a chance for your child to choose and make a decision by himself, even if it's a small thing.

#### A mind that follows rules



Children learn and acquire rules through recognition, praise and scolding from their parents.

Decide the rules you want to follow with your child, and if he can't follow them, think about the reason together.

And when your child follows the rules, please praise him well.

## Communication





Children develop cooperative nature by watching parents cooperate with each other. Show examples of how parents engage and develop relationships with other people.

Some children cannot enter the group by themselves. It is also necessary to stay close to children's feelings and wait without forcing them. Early to bed,early to rise, breakfast



Being exposed to morning light and active during the day produces the hormone melatonin at night, which helps people sleep well.

Children who eat breakfast every day tend to have higher academic ability and physical strength.

First of all, please adjust your lifestyle from the habit of getting up early.

### Media Usage



Parents should learn about media such as the Internet with their children.

Please discuss and decide the rules to use media devices well at home and follow them with your family.

Also, parents should be a good example to use the media in a balanced manner.

### Self-esteem



Please consider your child as "individuality" including his advantages and disadvantages. Adults should recognize that there are various values.

Please praise and acknowledge good points in various situations. Not only children but also parents themselves should foster "a sense of self-affirmation".

#### Discipline and abuse



It takes time to train. There is no child who can do anything from the beginning.

Discipline and abuse are different. Child abuse is "Physical, psychologic, and sexual violence and neglect".

If you are likely to abuse your child, please leave the place or ask for help.



There is a lot of information about child care such as detailed information of each item and consultation counter!

Access Mobile Edition (English version)

