

# Soon your child will enter elementary school

What do the first graders do?

The contents are different depending on the school, but in April, we reduce the level difference with the life of nursery school and kindergarten.

I'm worried about school lunch because my child has food allergy.

At school, we deal with it by making a manual, so please tell the teacher about allergens and the degree of allergy.

My child is not interested in hiragana. Should I teach him before he enters elementary school?

Children learn letters after entering elementary school. Before entering elementary school, please read books to your children and show them hiragana. It is better to let him practice writing his name in Hiragana before entering elementary school.



Parents



Teachers

## Major events at elementary school

★ Enjoy elementary school life with your children. ★

◆ **Entrance Ceremony** ◆  
A ceremony to celebrate entrance to a school

- ☆ Please look forward to it with your child.
- ☆ Parents can also participate in the ceremony.
- ☆ Please wear a suit to participate.
- ☆ Please participate quietly.
- ☆ When you take pictures or movies, be careful not to disturb other people.
- ☆ Please turn off your smartphone when participate.

◆ **Class Visits and Meetings** ◆  
Opportunity to see your child at school

- ☆ Look at your child's effort and praise him.
- ☆ Please watch the class quietly.
- ☆ The parents' meeting is a opportunity to gather information.



◆ **Sports Day** ◆  
Exercise presentation

- ☆ Parents can also see it.
- ☆ Children run and dance.
- ☆ Look at your child's effort and praise him.
- ☆ For lunch, children eat lunch box made at home with their family.



◆ **Home Education Classes** ◆  
Opportunity for parents to learn about parenting

- ☆ Parents can get useful information for parenting and solve problems.
- ☆ There are lectures and workshops.
- ☆ Please actively communicate and increase your acquaintances.



## ◆ Home Education Links ◆

You can access the following sites from the link collection of Ibaraki Prefecture's Home Education Support Navi "Sukusuku Sodate Ibarakikko"



- ★ **Ministry of Education, Culture, Sports, Science and Technology**
  - School Attendance Guidebook for Foreign Students
  - A collection of links to support studies for children with foreign roots
- ★ **Ibaraki Prefectural Board of Education**
  - Entering Nursery and School Support Leaflet (6 languages version)
- ★ **Ibaraki NPO Center Commons**
  - Consultations on school attendance and advancement of students with overseas roots Others
- ★ **Ibaraki International Association**
  - Living Information for foreign people
  - Counseling Center for Foreigners Others
- ★ **Aichi University of Education, Foreign Students Support Resource Room**
  - Before Entering Japanese Elementary School for International Families (life version)
  - Elementary school guidebook
  - Junior high school guidebook Others

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# Parenting Advice Book Clover

## English version

For parents of children before entering elementary school to children who are in their fourth year of elementary school.



## Parents Learn by Raising Children

人として、親として成長するために

失敗するのはあたりまえ！  
Take it for granted that you will fail!

To grow up as a person and a parent

新しいことに挑戦！

Try something new!

自分がしたことにも誇りをもって！  
Be proud of what you did!

Everyone becomes a parent when a child born.

Parents grow up by being brought up "to be a parent" by their children.

Parents also learn while raising their children.

## ★ About the leaflet ★

- This leaflet is based on the "Parenting Advice Book Clover" (Published August 2019).
- You can access Home Education Support Navi "Sukusuku Sodate Ibarakikko" from the QR code on the right, and see detailed information on the mobile version.



Home Education Support Navigation



いばらきけんきょういくいんかい  
茨城県教育委員会

Ibaraki Prefectural Board of Education



## Do your own work



No one can't do anything well right away. If you believe in your child's growth and wait, the things he can do will increase little by little.

Parents shouldn't get rid of the difficulties their children have to overcome on their own.

In addition to giving advice to your child, you should also wait until your child shows his or her opinion.

## A mind that follows rules



Children learn and acquire rules through recognition, praise and scolding from their parents.

Decide the rules you want to follow with your child, and if he can't follow them, think about the reason together.

And when your child follows the rules, please praise him well.

## Early to bed, early to rise, breakfast



Being exposed to morning light and active during the day produces the hormone melatonin at night, which helps people sleep well.

Children who eat breakfast every day tend to have higher academic ability and physical strength.

First of all, please adjust your lifestyle from the habit of getting up early.

## Self-esteem



Please consider your child as "individuality" including his advantages and disadvantages.

Adults should recognize that there are various values.

Please praise and acknowledge good points in various situations.

Not only children but also parents themselves should foster "a sense of self-affirmation".

## Self-determined mind



The ability to make decisions is the ability to judge and determine.

People who are more self-determined tend to be happier.

Make a chance for your child to choose and make a decision by himself, even if it's a small thing.

## Communication

Good morning !



Children develop cooperative nature by watching parents cooperate with each other. Show examples of how parents engage and develop relationships with other people.

Some children cannot enter the group by themselves. It is also necessary to stay close to children's feelings and wait without forcing them.

## Media Usage



Parents should learn about media such as the Internet with their children.

Please discuss and decide the rules to use media devices well at home and follow them with your family.

Also, parents should be a good example to use the media in a balanced manner.

## Discipline and abuse



It takes time to train. There is no child who can do anything from the beginning.

Discipline and abuse are different. Child abuse is "Physical, psychologic, and sexual violence and neglect".

If you are likely to abuse your child, please leave the place or ask for help.



◆ There is a lot of information about child care such as detailed information of each item and consultation counter!



Access Mobile Edition  
(English version)

